



**IPPEG**

## **Workshop Bindegewebsmassage BGM revised (Connective Tissue Massage (CMT) Teilrich Leube Germany)**

The therapist will obtain:

- knowledge of current fascia research
- knowledge of the various connective tissue/fascia therapy methods being used worldwide (differences & similarities)
- background of the BGM and BGM revised
- knowledge of dermatomes, organ zones & meridians
- knowledge of the treatment possibilities
- knowledge of the difficulties you could face

### **Course contents:**

The therapist will:

- learn how to observe the connective tissue variations
- learn how to palpate and assess the connective tissues current state
- learn how to diagnose the possible problems
- learn how to search for scars and understand / research their influence
- practice the assessment
- learn how and when to use BGM
- practice the technique

**Basic course: 2 day course (16 hrs)**

**Refresher BGM workshop: 1 day course (8hrs)**

In the basic workshop the therapist will learn how to assess, learn the BGM technique and have the opportunity to practice it on each other. The therapist must try to use this technique on several patients before the refresher course.

This refresher workshop can be used to assess the problems the students have encountered, discuss patient cases and practice the assessment and techniques furthermore.

Language English.

Group size minimum 18 maximum 22

### **For more information:**

Email: [info@estherderu.com](mailto:info@estherderu.com)

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**Course: Reader & Certificate are included**

